



## **Township of Machar COVID-19 Beach Plan**

### COVID-19 Transmission from Recreational Waters

Current research suggests the risk of transmission from recreational waters is very low. However, COVID-19 is spread through respiratory droplets when in close contact with others. It is common to see people swimming and playing in the water in close proximity of one another. Therefore, the risk of exposure to COVID-19 is greater if physical distancing is not maintained.

### Communicate Public Health Recommendations Before Visitors Come to the Beach

- Encouraging visitors to use beaches close to their own communities.
- Encouraging visitors displaying symptoms (i.e. fever, cough, difficulty breathing, muscle aches, fatigue, headache, sore throat, runny nose) or who come into contact with someone who has COVID-19 symptoms, to not visit the beach.

### Maintain Physical Distance

Maintain a physical distance of at least 2 meters (6 feet) or more from other people at all times. By maintaining physical distance, people are less likely to be exposed to COVID-19. While at the beach, ensure that physical distancing is maintained while in the water, and while having fun on the shore.

- Dedicating a beach entrance and exit.
- Posting signage to indicate how people can maintain a safe distance while at the beach.

### Promote Hand Hygiene

- Encouraging all visitors to wash or sanitize their hands as they arrive at the beach.
- Encouraging visitors to bring alcohol-based hand sanitizer (at least 60% alcohol-based) supplies to sanitize their hands and disinfectant wipes to be used during their beach visit.
- Signage regarding handwashing and hand sanitizing posters in high traffic areas.

### Playgrounds

Caregivers are encouraged to provide children who use playgrounds and play structures with hand sanitizer where proper handwashing facilities are not available. Where handwashing facilities are available near playground and play structures, caregivers and parents are encouraged to practice handwashing frequently.