

**TRY WOMEN & GIRLS HOCKEY  
FREE**

**SIGN UP TODAY**

### **Esso Fun Days are coming to the Almaguin Highlands!**

It is a completely free program where girls aged from 4 to 14 can come and try hockey. The event runs each Monday at the South River Machar Arena for six weeks, beginning on September 18.

The Esso Fun Day program originated in 1998 and has grown to become Hockey Canada's largest recruitment tool for women's hockey. The unique program was designed to help thousands of first-time players step on the ice and start their hockey journeys! Esso Fun Days are a free, safe, and fun introduction to hockey for girls. No hockey experience is necessary. The free program introduces girls and women to the basics of hockey.

From September 18 to October 30, we are offering a six week session for the Esso Fun Day program.

Click here to register for a [SIX WEEK Esso Fun Day session](#)

Please share with anyone you think might be interested.

**Please try to borrow gear, but if you need to borrow gear, please note that on your registration. The association may be able to assist in the process to borrow gear for this exciting opportunity!**