



**South River
Curling Club**
1B Lincoln Ave
(beside arena)

To sign-up,
call or text:

Marvin Nolan
C: 705-303-7479

Nancy Thrall
C: 416-819-4047



Supporting
curling in our
community!

Looking for something to do this winter?

Try **CURLING!**

FREE

Curling Trial

Sat, December 2, 2023

1:15 – 2:30pm

Learn the basics of how to curl

Try throwing / delivering curling rocks **two** ways:

- 1) Crouched / **Sliding** method
- 2) Standing **Stick** method



Curling equipment provided for participants.

Please bring clean running shoes to change into (*no outdoor footwear on ice*); and a helmet if you have one.

"Try it, you'll like it!"